

Love to Travel?
Mix and match
items from this
collection for
the perfect
pack-and-wear
ensemble.



MAKE A FASHION STATEMENT: YOUR SIZE DOES NOT RELEGATE YOU TO A LIFE ON THE SIDELINES.



This designer is particularly suited to women with a fuller bust.



#WETHECURVY

CANADA HAS CURVES

Our country celebrates diversity, including all shapes and sizes. #WeTheCurvy columnist **Meredith Shaw** talks about her most beloved body-inclusive homegrown brands.

ONE OF THE THINGS I LOVE MOST

about our country turning the big 150 is that we're finally celebrating Canada—loudly and proudly! This bold, unapologetic pride is not one that's typical for us "nice, polite" Canadians, but I hope it's an attitude that sticks around for another 150 years because we've got a lot to cheer about. And that includes our fabulous inclusive and body-positive Canadian fashion designers.

I've worked with many of these talented artists, and seeing their dedication to outfitting women of all shapes and sizes is truly inspiring. Know that these designers want to dress you as you are now, not 10 pounds from now. So let's support their work with our wallets and go shopping, eh?

FIND MORE OF MEREDITH SHAW'S
BEST FIGURE-FLATTERING ADVICE AT
canadianliving.com/withmeredith

LYMPH

Designed and manufactured in Burnaby, B.C., this label features soft fabrics, vibrant colours and sleek cuts—proving that you really can look stylish while feeling comfortable. Once you slip into the brand's leggings, dresses or sweaters, you'll never want to take them off. Top sales 2 to 10-1, \$55. sweat.com

▲ 林鳳凰、邱豐榮、王怡宏、蔡志忠、林建榮

Inspired by Baz Luhrmann's movie *Romeo + Juliet*, Cambridge, Ont., native Hayley Elsas's spring collection is pure eye candy. A size 14 herself, she believes we shouldn't dress only to "flatter" our bodies but also

to have fun I can't get enough of her bright colours and comical prints.

Tropical Fish Dealer (above S. 1st St.)
8249, hardsell@comcast.net

1. MYFLAM BAKED

Miriam Baker's line, designed and made in Canada, is impeccably tailored with large-busted women in mind. No matter your dress size, her garments accommodate at least a D cup.

Clear dress (sizes 0 to 16)
\$470; minimum-baker cover

ADDITIONELLE

Just because we're bigger doesn't mean we don't crave a cute pair of jean shorts. Thankfully, Addition Elle gets it. With more than

30 years of experience, this Montreal-based plus-size retailer is one of the most experienced in Canada. The brand is all about creating fashion democracy by offering women trendy clothing and accessories at affordable prices.

Love & Legend starts here! (1-877-362-2222) www.loveandlegend.com

5. PUNJAB

If your curvy style is less hill and more chill, Primasla is your one-stop shop. Toronto designer Rachel Holt caters to fashion-forward women with elegant figure-flattering pieces. Blazer (sizes 12 to 24) \$300
primasla.com